



Regional Center for Poison Control and Prevention

Serving Massachusetts and Rhode Island



Children Act Fast ... So Do Poisons!

Approximately 175 times each day, our Poison Specialists answer calls for help on our 24-hour poison emergency line. The calls come from families like yours ... the parent of a child who swallowed pills or cleaning solution, a worker who sprayed pesticide in his/her eyes, or an elderly adult who confused his/her prescriptions. **Follow these few tips to make your home safe for both you and your children or grandchildren.**

CHILDREN	ADULTS	GRANDPARENTS
<ul style="list-style-type: none">✓ Is 1-800-222-1222 posted on all telephones in your home?✓ Have you asked your doctor if your child's lead level needs to be checked?✓ Check all medicines in the house for child-resistant caps – close tightly.✓ Use childproof locks on the cabinets that contain medicines & cleaners in your home.✓ Know the names of house and garden plants. Do you know which ones are poisonous?✓ Get rid of medicines/ cleansers that are old or not in their original containers.✓ Are all harmful products stored away from food?✓ Take these tips to grandma's house and your daycare – use them there too!	<ul style="list-style-type: none">✓ Take medicines as directed.✓ Do not take medicine in the dark.✓ Throw away old and outdated medications.✓ If you forget to take your medicine, call your doctor. Never take a larger dose without your doctor's permission, even if you've missed a dose.✓ Never take medicine prescribed for a friend or relative – even though your symptoms might be similar.✓ Tell your doctor about all the medications you are taking.✓ Do not transfer medication from original container to another medication container not intended for this specific drug.	<ul style="list-style-type: none">✓ If you have grandchildren or other small children who visit you, be sure to poison-proof your home.✓ Keep all medicines and cleaners out of sight and reach of children, preferably in a locked cabinet or closet.✓ Do not leave pills on counters, in bedside stands/ bureaus, or handbags.✓ Never let children play with medicine bottles.✓ Use products with child resistant packaging, especially medicine and household chemicals.✓ Do not keep medicine in open containers.✓ Keep alcohol (including mouthwash containing alcohol) away from children.

24-HOUR POISON HOTLINE 1-800-222-1222

www.maripoisoncenter.com