

# Mary K. Goode

## May, 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>Fenway Frank</b> Whole Wheat Roll Baked Beans, Pineapples Milk	2 <b>Taco Thursday</b> Black Beans, Salsa, Cheese Lettuce, Banana Milk	3 <b>Pizza Day!</b> Cheese Or Chef's Choice Garden Salad, Peaches Milk
Weekly Alternate: Turkey & Cheese Sandwich, Bagel & Cream Cheese				
6 <b>Chicken Nuggets</b> Whole Grain Rice Broccoli, Cranberry Sauce Milk	7 <b>Grilled Cheese</b> Carrot Sticks Pickle, French Fries Fruit Cup, Milk	8 <b>Pancakes</b> Sausage Cucumbers, Apple Juice Milk	9 <b>Cheeseburger</b> Whole Grain Bun Baked Beans, Assorted Fruit Milk	10 <b>Pizza Day!</b> Cheese Or Chef's Choice Salad, Fruit Cup Milk
Weekly Alternates: Sunbutter & Jelly, Chicken Caesar Salad & a Whole Grain Roll				
13 <b>Meatball Sub</b> Shredded Cheese, Whole Wheat Roll Green Beans, Peaches Milk	14 <b>Popcorn Chicken Bowl</b> Mashed Potatoes & Gravy Corn, Cranberry Sauce Milk	15 <b>Macaroni &amp; Cheese</b> Whole Grain Pasta Cucumber Coins, Oranges Milk	16 <b>Cereal Fun Lunch</b> Yogurt, Cheese Stick Carrot Sticks, 100% Fruit Juice Milk	17 <b>Pizza Day!</b> Cheese Or Chef's Choice Garden Salad, Apple Milk
Weekly Alternate: Cereal and a Yogurt or Tuna Sandwich on a Bulky Roll				
20 <b>Chicken Patty</b> Whole Wheat Bun Broccoli, Peaches Milk	21 <b>Spaghetti &amp; Meat Sauce</b> Whole Grain Pasta Carrots, Banana Milk	22 <b>French Toast Sticks</b> Sausage Cucumber Coins, Oranges Milk	23 <b>Fenway Frank</b> Whole Wheat Roll Baked Beans, Pineapples Milk	24 <b>Pizza Day!</b> Cheese Or Chef's Choice Garden Salad, Apple Milk
Weekly Alternate: Bagel, Cream Cheese and a yogurt or Hamburger on a Whole Wheat Roll				
27 <b>Memorial Day</b> No School	28 <b>Cheesy Bread Sticks</b> Marinara Sauce to Dip Carrots, Fruit Cup Milk	29 <b>Chicken Nuggets</b> Whole Grain Rice Broccoli, Cranberry Sauce Milk	30 <b>Ham &amp; Cheese Sub</b> Whole Wheat Roll, Banana Pickle, French Fries Milk	31 <b>Pizza Day!</b> Cheese Or Chef's Choice Garden Salad, Apple Milk
Weekly Alternate: Cereal and a Yogurt				

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