

M.E.C.C. May, 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fenway Frank Whole Wheat Roll Baked Beans, Pineapples Milk	2 Taco Thursday Black Beans, Salsa, Cheese Lettuce, Banana Milk	3 Pizza Day! Cheese Or Chef's Choice Garden Salad, Peaches Milk
Weekly Alternate: Turkey & Cheese Sandwich, Bagel & Cream Cheese				
6 Chicken Nuggets Whole Grain Rice Broccoli, Cranberry Sauce Milk	7 Grilled Cheese Carrot Sticks Pickle, French Fries Fruit Cup, Milk	8 Pancakes Sausage Cucumbers, Apple Juice Milk	9 Cheeseburger Whole Grain Bun Baked Beans, Assorted Fruit Milk	10 Pizza Day! Cheese Or Chef's Choice Salad, Fruit Cup Milk
Weekly Alternates: Sunbutter & Jelly, Chicken Caesar Salad & a Whole Grain Roll				
13 Meatball Sub Shredded Cheese, Whole Wheat Roll Green Beans, Peaches Milk	14 Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn, Cranberry Sauce Milk	15 Macaroni & Cheese Whole Grain Pasta Cucumber Coins, Oranges Milk	16 Cereal Fun Lunch Yogurt, Cheese Stick Carrot Sticks, 100% Fruit Juice Milk	17 Pizza Day! Cheese Or Chef's Choice Garden Salad, Apple Milk
Weekly Alternate: Cereal and a Yogurt or Tuna Sandwich on a Bulky Roll				
20 Chicken Patty Whole Wheat Bun Broccoli, Peaches Milk	21 Spaghetti & Meat Sauce Whole Grain Pasta Carrots, Banana Milk	22 French Toast Sticks Sausage Cucumber Coins, Oranges Milk	23 Fenway Frank Whole Wheat Roll Baked Beans, Pineapples Milk	24 Pizza Day! Cheese Or Chef's Choice Garden Salad, Apple Milk
Weekly Alternate: Bagel, Cream Cheese and a yogurt or Hamburger on a Whole Wheat Roll				
27 Memorial Day No School	28 Cheesy Bread Sticks Marinara Sauce to Dip Carrots, Fruit Cup Milk	29 Chicken Nuggets Whole Grain Rice Broccoli, Cranberry Sauce Milk	30 Ham & Cheese Sub Whole Wheat Roll, Banana Pickle, French Fries Milk	31 Pizza Day! Cheese Or Chef's Choice Garden Salad, Apple Milk
Weekly Alternate: Cereal and a Yogurt				

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