

# The A-List

## "A-ceptable" Vending Items Listed by Product and Manufacturer

	<i>PORTION SIZE</i> (oz)	<i>TOTAL FAT (g) / %</i> <i>calories from fat</i>	<i>SAT FAT</i> (g)	<i>CARB</i> (g)	<i>CALS</i>	<i>DISTRIBUTOR</i>
<b>100% Fruit Juice</b>						
<b>American Soy Products</b>						
Vruit Juice (Tropical Blend, Berry Veggie, Orange Veggie, Apple Carrot)	8.45	0 / 0%	0	26-29	110-120	United Natural Foods, Inc.
<b>Apple &amp; Eve</b>						
Fruit Juice 100% (Apple, Apple Grape, Cranberry Apple, Fruit Punch)	8.5	0 / 0%	0	26-32	110-130	Thurston Foods, Inc., Hallsmith Sysco, PFG Springfield, Vistar/VSA of Hartford
Fruit Juice 100% (Apple, Orange)	10	0 / 0%	0	33-34	138	Thurston Foods, Inc., New England Ice Cream Corp.
Fruit Juice 100% (Apple, White Grape Raspberry, Strawberry Kiwi, Very Berry, Fruit Punch, Cranberry Raspberry, Naturally Cranberry, Grape, Cranberry Apple)	6.8	0 / 0%	0	21-24	88-100	Thurston Foods, Inc., Hallsmith Sysco, PFG Springfield, Vistar/VSA of Hartford
Fruit Juice 100% (Elmo's Punch, Grovers White Grape, Big Birds Apple, Bert & Ernie's Berry)	4.2	0 / 0%	0	14-20	60-80	Thurston Foods, Inc., Hallsmith Sysco, PFG Springfield, Vistar/VSA of Hartford
Power Pouch 100% Juice (White Grape Strawberry, Fruit Punch)	6.8	0 / 0%	0	21	90	Thurston Foods, Inc., Hallsmith Sysco, PFG Springfield, Vistar/VSA of Hartford
<b>Campbell Soup Company</b>						
Campbell's 100% Tomato Juice	11.5	0 / 0%	0	13.5	67	Contact local distributor (Available through Vistar/VSA of Hartford, Thurston Foods, Inc., Pinnacle Food Brokers)
Campbell's 100% Tomato Juice	5.5	0 / 0%	0	6.5	32	Contact local distributor (Available through Thurston Foods, Inc., Pinnacle Food Brokers)
V8 Juice	11.5	0 / 0%	0	14	60	Vistar/VSA of Hartford, Pinnacle Food Brokers
V8 Juice	5.5	0 / 0%	0	7	30	Vistar/VSA of Hartford, Pinnacle Food Brokers
V8 V.Fusion (Tropical Orange, Strawberry Banana, Peach Mango)	12	0 / 0%	0	42	170-180	Contact local distributor. Info available through Pinnacle Food
<b>Coca-Cola Company</b>						
Minute Maid 100% Juice Boxes (Apple, Orange, Mixed Berry Blend, Grape Blend, Fruit Medley)	6.75 (1 box)	0 / 0%	0	23-27	93-101	Contact local distributor (Also available through Coca Cola Bottling Co.)
Minute Maid 100% Juices (Grape, Orange Tropical, Fruit Medley, Mixed Berry)	11.5 (1 can)	0 / 0%	0	42-46	170-190	Contact local distributor (Also available through Coca Cola Bottling Co.)
Minute Maid 100% Pure Juice (Orange, Apple)	12 (1 bottle)	0 / 0%	0	41-42	165	Contact local distributor (Also available through Coca Cola Bottling Co.)

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	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

**Country Pure Foods, Inc.**

Ardmore Farms 100% Juice Cups (Orange, Apple, Grape, Fruit Juice Blend)	6	0 / 0%	0	20-28	80-120	Acme PAK, Cirelli Foods Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco
Ardmore Farms 100% Juice Cups or K Pak (Orange, Apple, Grape, Pineapple, Orange-Pineapple, Fruit Juice Blend)	4	0 / 0%	0	13-18	50-90	Acme PAK, Cirelli Foods Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco
Ardmore Farms 100% Juice Eco Cartons (Orange, Apple, Grape, Orange-Pineapple, Fruit Juice Blend)	6	0 / 0%	0	20-28	80-120	Acme PAK, Cirelli Foods Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco
Ardmore Farms 100% Juice Eco Cartons (Orange, Apple, Grape, Pineapple, Orange-Pineapple, Fruit Juice Blend)	4	0 / 0%	0	13-18	50-80	Acme PAK, Cirelli Foods Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco

**Florida's Natural**

Fruit Juice 100% (Orange, Apple, Grape, Kiwi Strawberry, Apple Grape, Fruit Medley)	11.5	0 / 0%	0	41-58	160-230	Vistar/VSA of Hartford, Sultana Super Vend, Anpesil Distributors
Fruit Juice 100% (Orange, Apple, Grape, Orange/Pineapple, Grapefruit)	10	0 / 0%	0	30-50	120-200	Vistar/VSA of Hartford, Sultana Super Vend, Anpesil Distributors

**Gregory Packaging Inc.**

Suncup 100% Juice Carton (Orange, Apple)	8	0 / 0%	0	29	110-114	Costa Fruit & Produce, PFG Springfield, US Foodservice-Everett, Original Pizza of Boston
Suncup 100% Juice Carton (Orange, Apple, Grape, Fruit Punch, Orange/Pineapple, Apple/Cherry)	6	0 / 0%	0	22-29	83-116	Costa Fruit & Produce, PFG Springfield, US Foodservice-Everett, Original Pizza of Boston
Suncup 100% Juice Carton (Orange, Grapefruit, Apple, Grape, Fruit Punch, Pineapple, Orange/Pineapple)	4	0 / 0%	0	11-19	50-77	Costa Fruit & Produce, PFG Springfield, US Foodservice-Everett, Original Pizza of Boston
Suncup 100% Juice Cup (Orange, Grapefruit, Apple, Grape, Fruit Punch, Pineapple, Orange/Pineapple)	6	0 / 0%	0	17-29	83-116	Costa Fruit & Produce, PFG Springfield, US Foodservice-Everett, Original Pizza of Boston
Suncup 100% Juice Cup (Orange, Grapefruit, Apple, Grape, Fruit Punch, Prune, Pineapple, Tomato, Orange/Grapefruit, Orange/Pineapple)	4	0 / 0%	0	5-24	20-93	Costa Fruit & Produce, PFG Springfield, US Foodservice-Everett, Original Pizza of Boston

**Horizon Organic**

Single Serve Juice (Apple, Grape, Fruit Punch)	6.75	0 / 0%	0	18-30	70-120	United Natural Foods, Inc.
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**Izze Beverage Company**

Izze Sparkling Juice (Sparkling Pear, Sparkling Blackberry, Sparkling Grapefruit, Sparkling Clementine, Sparkling Pomegranate)	8	0 / 0%	0	19-25	80-100	Polar Beverages
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**J&J Snack Foods Corp.**

Icee Frozen 100% Juice Smoothie (Grape, Cherry, Blue Raspberry, Strawberry Banana)	8	0 / 0%	0	27-28	110	Icee Branch
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**Knouse Foods, Inc**

Musselman's Apple Juice with Vitamin C	5.5 (1 can)	0.08 / 2%	0	11	47	Contact local distributor (Available through U.S. Foodservice-Peabody, Hallsmith Sysco, PFG NorthCenter)
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**(oz) calories from fat (g) (g)**

**Kraft Foodservice**

Capri Sun 100% Juice Fruit Waves (Fruit Dive, Apple Splash, Berry Breeze)	6.75	0 / 0%	0	24-25	100	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
Very Fine 100% Juice (Fruit Punch, Banana Madness, Twisted Cherry, Crazy Kiwi, Apple Strawberry)	11.5	0 / 0%	0	43-46	180-190	Contact local distributor
Very Fine 100% Juice (Orange, Grape, Apple, Cranberry, White Grapefruit)	10	0 / 0%	0	27-49	110-200	Contact local distributor

**Libby's**

Juicy Juice (Cherry, Berry, Punch, Grape, Apple)	4.23	0 / 0%	0	15-16	60-70	New England Ice Cream Corp., Cirelli Foods Inc., Costa Fruit & Produce
Juicy Juice (Cherry, Berry, Punch, Grape, Apple)	6.75	0 / 0%	0	23-25	100-110	New England Ice Cream Corp., Cirelli Foods Inc., Costa Fruit & Produce

**M&B Products, Inc.**

Mr. J Premium Pasteurized Orange Juice	10	0 / 0%	0	33	130	New England Ice Cream Corp.
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**Pepsi Co Beverages & Foods**

Dole 100% Juice (Apple, Orange)	11.5	0 / 0%	0	39	158	Contact local distributor
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**R. W. Knudsen**

100% Juice Boxes (Grape, Lemonade, Organic Pear, Organic Apple, Razzleberry, Tropical Punch)	8	0 / 0%	0	28-32	120-130	United Natural Foods, Inc., Millbrook Distribution
Spritzer Sparkling Juice (Jamaican Lemonade, Orange Passionfruit)	12	0 / 0%	0	40-41	160-170	United Natural Foods, Inc.

**Ridgefield's**

Ridgefield's 100% Fruit Juice Fruit Smoothies (Blue Raspberry, Strawberry, Kiwi-Berry, Sour Apple, Cherry, Lemonade)	8	0 / 0%	0	32	130	Ridgefield's, Costa Fruit & Produce, Thurston Foods, Inc.
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**Ronnie's Slush Company**

Ronnie's Super-Juiced Slush Cups (Sour Cherry)	4	0 / 0%	0	30	98	New England Ice Cream Corp.
Ronnie's Super-Juiced Slush Cups (Wild Cherry, Lemon, Blue Raspberry)	6	0 / 0%	0	32	150	New England Ice Cream Corp.

**S. R. Rosati, Inc.**

Dubble Bubble Gum Italian Ice Cup with Fruit Juice (no gum included!)	4	0 / 0%	0	30	118	New England Ice Cream Corp.
Typhoon Blue Raz/Lemonade Italian Ice Cup with Fruit	4	0 / 0%	0	30	118	New England Ice Cream Corp.

**Snapple Beverage Co.**

Snapple 100% Juiced (Grape, Fruit Punch, Green Apple, Orange Mango)	11.5	0 / 0%	0	14-15	160-170	Contact local distributor (Available through Atlas Distributing Inc., Polar Beverage, Lesco Distributing, Specialty Beverage)
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**The Switch Beverage Co.**

The Switch Carbonated 100% Juice (Apricot Peach, Black Cherry, Grape, Lemonade, Orange Tangerine, Tropical Punch, Watermelon Strawberry)	12	0 / 0%	0	31-40	120-160	New England Beverage Co.
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**Tropical Paradise Inc.**

Cool Tropics 100% Juice Slush (Blue Raspberry, Fruit Punch, Green Watermelon, Kiwi Strawberry, Pina Colada)	8	0 / 0%	0	15	60	Garelick Farms, PFG Springfield or contact Dispenser Services
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	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>	

***Tropicana Products, Inc.***

Tropicana 100% Juice (Apple, Fruit Punch)	6.75 (pouch)	0 / 0%	0	21-26	90-120	Contact local distributor
Tropicana 100% Juice (Apple, Ruby Red Grapefruit)	10 (1 bottle)	0 / 0%	0	28-33	110-140	Contact local distributor
Tropicana 100% Juice (Orange)	10 (1 bottle)	0 / 0%	0	28-33	110-140	Contact local distributor (Available through Vistar/VSA of Hartford)
Tropicana 100% Juice (Orange, Apple)	11.5	0 / 0%	0	32-38	127-161	Contact local distributor (Available through Vistar/VSA of Hartford)
Tropicana Pure Premium Juice (Orange, Apple)	6 (1 Carton)	0 / 0%	0	20	80	Contact local distributor

***VeryFine Product Inc.***

Giga Fruit 100% Juice (Stark Raving Orange, Twisted Cherry, Crazy Kiwi, Banana Madness)	11.5	0 / 0%	0	48	190	Contact local distributor (Available through Hallsmith Sysco, Thurston Foods, Inc.)
Very Fine 100% Apple Juice	10	0 / 0%	0	37	148	Contact local distributor (Available through Vistar/VSA of Hartford)
Very Fine 100% Apple Juice	11.5	0 / 0%	0	43	170	Contact local distributor (Available through Hallsmith Sysco, Vistar/VSA of Hartford, Thurston Foods, Inc.)
Very Fine 100% Grape Juice	10	0 / 0%	0	47	191	Contact local distributor (Available through Vistar/VSA of Hartford)
Very Fine 100% Grape Juice	11.5	0 / 0%	0	54	220	Contact local distributor (Available through Hallsmith Sysco, Vistar/VSA of Hartford)
Very Fine 100% Orange Juice	10	0 / 0%	0	37	148	Contact local distributor (Available through Vistar/VSA of Hartford)
Very Fine 100% Orange Juice	11.5	0 / 0%	0	42	170	Contact local distributor (Available through Hallsmith Sysco, Vistar/VSA of Hartford)

***Welch Foods Inc.***

Welch's 100% Juice (Apple, Grape, Orange, White Grape Cherry)	10	0 / 0%	0	36-53	140-210	Vistar/VSA of Hartford
Welch's 100% Juice (Apple, Orange, White Grape Cherry, White Grape Berry)	11.5	0 / 0%	0	41-51	161-207	Vistar/VSA of Hartford
Welch's 100% Juice Kosher Certified (Apple, Grapefruit, Orange)	5.5	0 / 0%	0	17-20	70-80	Vistar/VSA of Hartford
Welch's 100% Juice Kosher Certified (Apple, Grapefruit, Orange, White Grape Peach, White Grape Cherry, White Grape Berry)	10	0 / 0%	0	32-49	130-200	Vistar/VSA of Hartford

***Wyman's***

Wyman's Wild Blueberry Juice	10	0 / 0%	0	35	153	United Natural Foods, Inc.
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**(oz) calories from fat (g) (g)**

**Chips and Pretzels**

***Bachman Company, The***

Kidzels Pretzels	1	1.5 / 11%	0	23	120	Contact local distributor or The Bachman Company
Lite Popcorn	0.4	0.5 / 10%	0	8	45	Contact local distributor or The Bachman Company
Mini Pretzels	1	0 / 0%	0	24	110	Contact local distributor or The Bachman Company
Natural Pretzel Stix (Cheddar)	1	1 / 8%	0	22	110	Contact local distributor or The Bachman Company
Natural Pretzel Stix (Original, Butter)	1	1 / 9%	0	20	100	Contact local distributor or The Bachman Company
Sour Dough Specials (pretzels)	1	1 / 8%	0	22	110	Contact local distributor or The Bachman Company

***Barrel O'Fun Snack Food Company***

Jonny Rapp Chips (Bacon Cheddar, Hot)	1	5 / 35%	0.5	19	130	Vistar/VSA of Hartford
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***California Nuggets, Inc.***

Roasted Toasted Corn Chompers (Smoke-n BBQ, Xtreme-Ranch, Chile-Xplosion)	0.8	2 / 21%	0.3	17	84	California Nuggets, Inc.
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***Campbell Soup Company***

Goldfish Pretzels	0.75	2 / 20%	0	15	90	Contact local distributor (Available through U.S. Foodservice, Thurston Foods, Inc., Pinnacle Food Brokers)
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***Classic Foods, Inc.***

Baked Classics Potato Crisps (Sour Cream & Onion, Mesquite Barbecue)	0.5	1 / 20%	0	9	45	Classic Foods Incorporated
Baked Classics Potato Crisps (Sour Cream & Onion, Mesquite Barbecue)	1	1.5 / 15%	0	19	90	Classic Foods Incorporated
California Classics (Hot & Crunchy Cheese Curls, Cheese Balls)	0.75	3.5 / 32%	0.5	15	100	Classic Foods Incorporated
Stoned Classics Blue Tortilla Chips	1.25	7 / 39%	1	23	160	Classic Foods Incorporated
White Cheddar Popcorn	0.67	3 / 34%	0.5	12	80	Classic Foods Incorporated

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**Frito-Lay**

Baked! Cheetos Cheese Flavored Snacks (Crunchy and Crunchy Flamin' Hot)	1	5 / 35%	1	19	130	Contact local distributor (Available through Thurston Foods, Inc.)
Baked! Cheetos Cheese Flavored Snacks (Crunchy)	0.88	4.4 / 35%	0.88	16.7	114	Contact local distributor (Available through Vistar/VSA of Hartford)
Baked! Doritos Flavored Tortilla Chips (Cooler Ranch and Nacho Cheese)	0.75	2.5 / 25%	0	16	90	Contact local distributor (Available through Vistar/VSA of Hartford, Thurston Foods, Inc.)
Baked! Lay's Flavored Potato Crisps (KC Masterpiece BBQ)	1.12	3.4 / 23%	0	21-22	134	Contact local distributor (Available through Vistar/VSA of Hartford, Thurston Foods, Inc.)
Baked! Lay's Flavored Potato Crisps (KC Masterpiece BBQ, Sour Cream & Onion, Cheddar & Sour Cream)	1	3 / 23%	0-0.5	21-22	120	Contact local distributor
Baked! Lay's Flavored Potato Crisps (Sour Cream & Onion)	1.12	3.4 / 23%	0	21-22	134	Contact local distributor (Available through Thurston Foods, Inc.)
Baked! Lay's Potato Crisps (Original)	1	1.5 / 12%	0	23	110	Contact local distributor
Baked! Lay's Potato Crisps (Original)	1.12	1.7 / 12%	0	23	123	Contact local distributor (Available through Thurston Foods, Inc.)
Baked! Ruffles Flavored Potato Crisps (Cheddar & Sour Cream)	1.1	3.4 / 21%	0-1	27-28	146	Contact local distributor (Available through Vistar/VSA of Hartford, Thurston Foods, Inc.)
Baked! Ruffles Potato Crisps (Original)	1	3 / 23%	0	21	120	Contact local distributor
Baked! Ruffles Potato Crisps (Original)	1.1	3.3 / 23%	0.5	23	132	Contact local distributor (Available through Thurston Foods, Inc.)
Baked! Tostitos	1	1 / 8%	0	24	110	Contact local distributor
Cheetos Fantastix! (Original, Chili Cheese)	1	5 / 35%	1	19	130	Contact local distributor
Funyuns Onion Flavored Rings	0.78	5 / 41%	1	14	110	Contact local distributor
Lay's Light Potato Chips (Original)	1	0 / 0%	0	18	75	Contact local distributor
Munchies Kids Snack Mix	1	4.5 / 31%	1	20	130	Contact local distributor (Available through Thurston Foods, Inc.)
Reduced Fat Doritos Flavored Tortilla Chips (Cooler Ranch, Nacho Cheesier)	1	5 / 35%	1	18-19	130	Contact local distributor
Rold Gold Heartzels	1	1 / 8%	0	23	110	Contact local distributor
Rold Gold Tiny Twists Pretzels	0.5	0.5 / 8%	0	11.5	55	Contact local distributor (Available through Thurston Foods, Inc.)
Rold Gold Tiny Twists Pretzels	1	1 / 8%	0	23	110	Contact local distributor (Available through Vistar/VSA of Hartford)
Ruffles Light Potato Chips (Original)	1 (bag)	0 / 0%	0	17	75	Contact local distributor
Smart Food Reduced Fat White Cheddar Popcorn	0.5	3.5 / 45%	0.75	8	70	Contact local distributor (Available through Thurston Foods, Inc.)
Sun Chips Flavored Multigrain Snacks (French Onion)	1 (bag)	6 / 39%	1-1.5	18-20	140	Contact local distributor (Available through Thurston Foods, Inc.)
Sun Chips Flavored Multigrain Snacks (Garden Salsa)	1	6 / 39%	1	19	140	Contact local distributor
Sun Chips Flavored Multigrain Snacks (Harvest Cheddar, Original)	1 (bag)	6 / 39%	1-1.5	18-20	140	Contact local distributor (Available through Vistar/VSA of Hartford, Thurston Foods, Inc.)

**Handi Foods Ltd.**

Pita Chips (Cinnamon)	0.7	2.5 / 25%	0	14	90	Handi Foods Ltd.
Pita Puffs (BBQ)	1	3 / 23%	0	20	120	Handi Foods Ltd.
Pita Puffs (BBQ, Habanero Hot, Cinnamon)	0.6	2 / 23%	0	13	80	Handi Foods Ltd.
Pita Puffs (Cinnamon)	1.25	3.5 / 20%	0	27	160	Handi Foods Ltd.
Pita Puffs (Habanero Hot)	1	3 / 21%	0	21	130	Handi Foods Ltd.
Pita Puffs (Ranch)	0.6	1.5 / 19%	0	13	70	Handi Foods Ltd.
Pita Puffs (Ranch, Pizza)	1	2 / 15%	0	21	120	Handi Foods Ltd.
Pita Puffs (Salsa)	0.6	2 / 26%	0	12	70	Handi Foods Ltd.
Pita Puffs (Salsa)	1	3 / 25%	0	21	110	Handi Foods Ltd.

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***J&J Snack Foods Corp.***

Baked Pretzels	1	0 / 0%	0	16	70	Costa Fruit & Produce, PFG Springfield, Thurston Foods, Inc.
Soft Pretzel Rods	1	0 / 0%	0	16	70	Costa Fruit & Produce, PFG Springfield, Thurston Foods, Inc.
SUPERPRETZEL Whole Wheat Soft Pretzel Rods	1	0.5 / 6%	0	14	70	Contact local distributor. (Available through Costa Fruit &

***Kraft Foodservice***

Handi-Snacks Cheez'n Pretzels	1	3.5 / 32%	1.5	12	100	Contact local distributor
Ritz Chips (Original)	0.75	3.5 / 32%	1	15	100	Contact local distributor

***New York Pretzel Co.***

"Mini" Soft Pretzel	1.4	0 / 0%	0	23	108	New England Ice Cream Corp.
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***PepsiCo Beverages & Foods, Quaker***

Quakes Rice Snacks (Caramel Corn)	1	0.5 / 5%	0	23	100	Contact local distributor (Available through Vistar/VSA of Hartford, Thurston Foods, Inc. Costa Fruit & Produce)
Quakes Rice Snacks (Cheddar Cheese)	0.7	3 / 30%	0.5	14	90	Contact local distributor (Available through Costa Fruit & Produce)

***Pita Products***

Baked Pita Chips (Honey & Wheat)	1	1.5 / 12%	0	21	110	Michael Sales, Inc.
Baked Pita Chips (Jalapeno & Cheddar, Sea Salt)	1	2.5 / 19%	0	20	120	Michael Sales, Inc.
Baked Pita Chips (White Cheddar)	1	3.5 / 26%	0	19	120	Michael Sales, Inc.

***Proctor & Gamble, Pringles***

Pringles, Reduced Fat, Can	0.71	5 / 45%	1.4	14	100	Rhonda Creech
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***Robert's American Gourmet***

Pirates Booty (Cheddar)	0.5	3 / 39%	1	10	70	Elizabeth Fisher. (Available through Costa Fruit & Produce)
Pirates Booty (Cheddar)	1	5 / 35%	1	18	130	Elizabeth Fisher, Contact local distributor (Available through Vistar/VSA of Hartford, Costa Fruit & Produce)
Smart Puffs	0.75	5 / 41%	1	13	110	Elizabeth Fisher (Available through Costa Fruit & Produce)
Veggie Booty	0.5	3 / 39%	0.5	9	70	Elizabeth Fisher (Available through Costa Fruit & Produce)

***Snyder's of Hanover***

Butter Snaps	0.5	0.5 / 8%	0	12	56	Original Pizza of Boston
Mini Pretzels	0.5	0 / 0%	0	12	53	Original Pizza of Boston
Sourdough Nibblers	0.5	0 / 0%	0	12	53	Original Pizza of Boston

***Stacy's Pita Chips***

Stacy's Bagel Chips	1	2.5 / 19%	0	20	120	Hallsmith Sysco, US Foodservice-Everett, Costa Fruit & Produce, New England Ice Cream Corp.
Sweet BBQ Thin Crisps (Soy)	1	2 / 16%	0	17	110	Stacy's Pita Chips Co, Inc., Snyder's of Hanover, Peter D'Amico, Don Shapiro Produce, Delectable Distributors, Big Sky Naturals, B.N. Soda, Barber Brothers, Jack Smiley, Kindall Confectionary, Costa Fruit & Produce
White Cheddar Cheese Thin Crisps (Soy)	1	2.5 / 21%	0	14	106	Stacy's Pita Chips Co, Inc., Snyder's of Hanover, Peter D'Amico, Don Shapiro Produce, Delectable Distributors, Big Sky Naturals, B.N. Soda, Barber Brothers, Jack Smiley, Kindall Confectionary, Costa Fruit & Produce

***Sugar Foods Corporation***

Super Snax Pretzel Poppers (Cheezy Nacho, Zesty Pizza, Blazin' Hot)	1	3.5 / 26%	0.5-1	18-19	120	PFG Springfield, Costa Fruit & Produce, Thurston Foods, Inc.
Super Snax Pretzel Poppers (Cool Ranch)	1	3.5 / 29%	0.5	18	110	PFG Springfield, Costa Fruit & Produce, Thurston Foods, Inc
Super Snax Pretzel Poppers (Sour Cream & Onion)	1	4 / 30%	1	18	120	PFG Springfield, Costa Fruit & Produce, Thurston Foods, Inc

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***Terra Chips, The Hain Celestial Group Inc.***

Terra Blue Potato Chips	1	6 / 39%	1	17	140	Contact local distributor or Terra Chips
Terra Chips (Mediterranean, Original, Zesty Tomato)	1	7 / 45%	0.5-1	18	140	Contact local distributor or Terra Chips
Terra Red Bliss Potato Chips (Original, Fine Herbs, Sun Dried Tomato & Balsamic Vinegar)	1	7 / 45%	1	18	140	Contact local distributor or Terra Chips
Yukon Gold Potato Chips (Onion & Garlic, Yogurt & Green Onion, Salt & Pepper, Salt & Vinegar)	1	5 / 35%	0.5-1	19-20	130	Contact local distributor or Terra Chips
Yukon Gold Potato Chips (Original)	1	7 / 48%	1.5	18	130	Contact local distributor or Terra Chips

***Tumaro's Inc.***

Krispy Crunchy Organic Puffs (Cheddar)	1	2.5 / 19%	0	21	120	PFG Springfield, Tumaro's Inc.
Krispy Crunchy Organic Puffs (Natural Corn)	1	2 / 15%	0	23	120	PFG Springfield, Tumaro's Inc.
Krispy Crunchy Organic Puffs (Ranch & Herb)	1	4 / 28%	0	20	130	PFG Springfield, Tumaro's Inc.
Krispy Crunchy Organic Puffs (Tangy BBQ)	1	3.5 / 26%	0	21	120	PFG Springfield, Tumaro's Inc.

**PORTION SIZE TOTAL FAT (g) / % SAT FAT CARB CALS DISTRIBUTOR**  
**(oz) calories from fat (g) (g)**

## Crackers, Cookies, Cereal Bars, Cereal Bowls

### *Annie's Homegrown*

Cheddar Bunnies Snack Crackers	1	7 / 42%	1	19	150	United Natural Foods Inc., Vistar/VSA of Hartford, Associated Buyers, Hillcrest Foods, Dole & Bailey
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### *Azar Nut Co.*

Carnival Crunch	0.75	1.5 / 17%	0	16	80	Azar Nut Co., Pinnacle Food Brokers
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### *Biscomerica Corp.*

Animal Snackers	1	3.1 / 23%	0.5	20	122	Biscomerica Corp.
Animal Snackers - Chocolate	1	3.8 / 31%	0.9	18.9	112	Biscomerica Corp.
Oatmeal Cookies	1	4.5 / 37%	1	17	110	Biscomerica Corp.

### *Campbell Soup Company*

Giant Goldfish Graham's (Chocolate)	0.9	3.5 / 26%	1	19	120	Contact local distributor (Available through U.S. Foodservice, Costa Fruit & Produce, Thurston Foods, Inc., Pinnacle Food Brokers)
Giant Goldfish Graham's (Cinnamon)	0.9	4.5 / 34%	1	19	120	Contact local distributor (Available through U.S. Foodservice, Costa Fruit & Produce, Thurston Foods, Inc., Pinnacle Food Brokers)
Goldfish Crackers (Cheddar)	0.75	4.5 / 41%	1	13	100	Contact local distributor (Available through U.S. Foodservice, Thurston Foods, Inc., Pinnacle Food Brokers)
Goldfish Crackers (Parmesan)	0.75	3 / 27%	1	14	100	Contact local distributor (Available through U.S. Foodservice, Pinnacle Food Brokers)
Goldfish PhysEdibles Baked Animal Crackers (Strawberry, Lemon)	0.9	4 / 30%	1	18	120	Contact local distributor (Available through Thurston Foods, Inc., Pinnacle Food Brokers)

### *D. F. Stauffer Biscuit Co. Inc.*

Animal Crackers	2 (1 box w/string)	3 / 12%	0	12	220	D. F. Stauffer Biscuit Co., Inc.
Animal Crackers (Chocolate Graham)	1	3 / 23%	1	21	120	D. F. Stauffer Biscuit Co., Inc.
Animal Crackers (Iced Pink & White)	0.9	3 / 25%	0.5	19	110	D. F. Stauffer Biscuit Co., Inc.
Animal Crackers (Original, Cinnamon Graham)	0.9-1	1.5 / 12%	0	22	110	D. F. Stauffer Biscuit Co., Inc.
Animal Crackers (Sugar Free)	1.25	2 / 18%	0	22	100	D. F. Stauffer Biscuit Co., Inc.
Cheddar Fetti Baked Snack Crackers	0.75	4.5 / 41%	1	13	100	D. F. Stauffer Biscuit Co., Inc.
Cheddar Whales Baked Snack Crackers	0.75	4 / 36%	0.5	14	100	D. F. Stauffer Biscuit Co., Inc.
Fruit Bars (Apple, Blueberry, Strawberry)	1.3	3.5 / 23%	0.5	26	140	D. F. Stauffer Biscuit Co., Inc.

### *Darlington Farms*

Chocolate Chip Cookies	1.4	7 / 37%	2	26	170	Hallsmith Sysco, PFG Springfield, Lindley Food Service
Oatmeal Cookies	1.1	5 / 32%	1	21	140	Hallsmith Sysco, PFG Springfield, Lindley Food Service
Snack N Squares (Lemon, Orange)	1.1	5 / 35%	1	21	130	Hallsmith Sysco, PFG Springfield, Lindley Food Service
Sugar Cookies	1.1	6 / 39%	1.5	20	140	Hallsmith Sysco, PFG Springfield, Lindley Food Service
Waffle Snaps (Apple Cinnamon, Strawberry)	1	3.5 / 26%	1	21	120	Hallsmith Sysco, PFG Springfield, Lindley Food Service

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / % SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>	

***EssenSmart Cookies***

Almond Delight Cookie	0.8	2 / 23%	0	12	78	EssenSmart Cookies
Almond Delight Cookie	1.85	4 / 21%	0	26	172	EssenSmart Cookies
Chocolate Chip Cookie	0.8	2 / 24%	0	12	74	EssenSmart Cookies
Chocolate Chip Cookie	1.85	4 / 22%	0	26	163	EssenSmart Cookies
Cinnamon Blast Cookie	1.85	6 / 27%	1	28	198	EssenSmart Cookies
Lemon Poppy Cookie	1.85	6 / 27%	1	28	198	EssenSmart Cookies
Lemon Poppy: Gluten-Free Cookie	0.8	1 / 13%	0	11	69	EssenSmart Cookies
Lemon Poppy: Gluten-Free Cookie	1.85	2 / 12%	0	24	152	EssenSmart Cookies
Oatmeal Raisin Cookie	1.85	6 / 28%	1	28	194	EssenSmart Cookies
Orange & Raisin Cookie	0.8	1 / 12%	0	13	73	EssenSmart Cookies
Sweet Ginger - Vegan Cookie	0.8	2 / 24%	0	11	74	EssenSmart Cookies
Vanilla Cookie	1.85	6 / 27%	1	28	198	EssenSmart Cookies

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

**General Mills Bakeries & Foodservice**

Apple Cinnamon Cheerios - Single-Serve Bowl	0.93	1.5 / 14%	0	22	100	Contact local distributor (Available through Costa Fruit & Produce)
Cheerios - Bowlpak	0.93	1 / 13%	0	14	70	Contact local distributor (Available through Costa Fruit & Produce)
Cheerios, Cereal in a Cup	1.38	2.5 / 16%	0.5	29	140	Contact local distributor (Available through Vistar/VSA of Hartford)
Cinnamon Toast Crunch - Bowlpak	1	3 / 23%	0.5	22	120	Contact local distributor
Cinnamon Toast Crunch Cereal Bar	1.4	3.5 / 20%	0	28	160	Costa Fruit & Produce, Hallsmith Sysco, Thurston Foods, Inc.
Cocoa Puffs Cereal Bar	1.4	4 / 20%	0.5	29	180	Costa Fruit & Produce, Hallsmith Sysco, Thurston Foods, Inc.
Frosted Cheerios Bowlpak	1	1 / 8%	0	23	110	Contact local distributor
Golden Grahams Cereal - Bowlpak	1	1 / 8%	0	23	110	Contact local distributor (Available through Costa Fruit & Produce)
Honey-Nut Cheerios - Bowlpak	1	1.5 / 12%	0	22	110	Contact local distributor (Available through Costa Fruit & Produce)
Lucky Charms Cereal - Bowlpak	1	1 / 8%	0	23	110	Contact local distributor (Available through Costa Fruit & Produce)
Multi-Grain Cheerios - Bowlpak	0.68	1 / 13%	0	15	70	Contact local distributor (Available through Costa Fruit & Produce)
Nature Valley Chewy Granola Bar (Chocolate Chip)	1 (1 bar)	2.5 / 19%	0.5	21	120	PFG Northcenter, PFG Springfield, Thurston Foods Inc., U.S. Foodservice-Peabody, Shaheen Bros.
Nature Valley Chewy Granola Bar (Oatmeal Raisin)	1 (1 bar)	2 / 18%	0	21	100	PFG Northcenter, PFG Springfield, Thurston Foods, Inc., U.S. Foodservice-Peabody
Nature Valley Crunchy Granola Bar (Apple Crisp)	1.5 (2 bars)	6 / 30%	0.5	29	180	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
Nature Valley Crunchy Granola Bar (Cinnamon)	0.8 (1 bar)	3 / 30%	0	15	90	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
Nature Valley Crunchy Granola Bar (Maple Brown Sugar, Oat & Honey)	1.5 (2 bars)	6 / 30%	0	30	180	Contact local distributor (Available through Vistar/VSA of Hartford)
Nature Valley Crunchy Granola Bar (Oats 'N Honey)	0.74 (1 bar)	3 / 30%	0	15	90	Cirelli Foods Inc., Hallsmith Sysco, U.S. Foodservice-Peabody, Costa Fruit & Produce
Nature Valley Crunchy Granola Bar (Peanut Butter)	1.6 (2 bars)	7 / 35%	0	30	180	Contact local distributor (Available through Vistar/VSA of Hartford)
Nature Valley Fruit & Nut Chewy Trail Mix Bar	1.25 (1 bar)	4 / 26%	0.5	25	140	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
Oatmeal Crisp Fruit'n Cereal Bar (Strawberry)	1.4 (1 bar)	2 / 13%	0	30	140	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
Reduced-Sugar Cinnamon Toast Crunch Bowlpak	1	3 / 23%	0	22	120	Contact local distributor (Available through Thurston Foods, Inc., Costa Fruit & Produce)
Simply Chex Snack (Cheddar)	1.25	3.5 / 24%	1	24	130	Costa Fruit & Produce, Hallsmith Sysco, Thurston Foods, Inc.
Team Cheerios Whole Grain Cereal Bar (Strawberry)	1.4	3.5 / 21%	0	28	150	Contact local distributor (Available through Thurston Foods, Inc., Costa Fruit & Produce)
Total Raisin Bran - Bowlpak	1.18	0.5 / 5%	0	25	100	Contact local distributor
Trix Whole Grain Cereal Bar	1.4	4 / 23%	0	30	160	Contact local distributor (Available through Thurston Foods, Inc., Costa Fruit & Produce)
Wheaties - Bowlpak	0.93	0.5 / 6%	0	19	80	Contact local distributor
Whole Grain Total - Bowlpak	0.93	0.5 / 6%	0	17	70	Contact local distributor

**J&J Snack Foods Corp.**

Belly Bears Chocolate Graham Crackers	1	5 / 38%	1.5	18	120	Costa Fruit & Produce, Original Pizza of Boston
Belly Bears Graham Crackers (Chocolate Chip)	1.2	6 / 36%	2	23	150	Costa Fruit & Produce, Original Pizza of Boston
Belly Bears Graham Crackers (Honey, Cinnamon)	1	4 / 28%	0	19-20	130	Costa Fruit & Produce, Original Pizza of Boston
Icee Cookies (Vanilla)	1	4.5 / 31%	1	19	130	Costa Fruit & Produce, Original Pizza of Boston
J&J Jungle Crackers (fruit sweetened)	1.1	3.5 / 23%	0	22	140	Costa Fruit & Produce, Original Pizza of Boston
J&J Jungle Crackers (Vanilla)	1	3 / 23%	1	21	120	Costa Fruit & Produce, Original Pizza of Boston
Mrs. Goodcookie-Cinnamon (Super Stars, Shamrock, Heart, Spring, Fall, Winter)	1	4 / 30%	0	21	120	Contact local distributor. (Available through Costa Fruit & Produce)
Star Spangled Cookies	1	4 / 28%	1	19	130	Costa Fruit & Produce, Original Pizza of Boston

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

<i>Kellogg's</i>						
Austin Cheese Cracker & Cheddar Cheese	1	7 / 49%	1.5	16	130	Contact local distributor (Available through Thurston Foods, Inc.)
Austin Cheese Cracker & Peanut Butter	1	7 / 49%	1.5	15	130	Contact local distributor (Available through Thurston Foods, Inc.)
Austin Dolphin & Friends Crackers	0.9	5 / 38%	1	16	120	Contact local distributor (Available through Thurston Foods, Inc.)
Austin SeAnimals Cookies	1	5 / 35%	0.5	20	130	Contact local distributor
Austin Supersingles! Sandwich Cookies (Choco Cremes)	1.2	7 / 39%	1.5	24	160	Contact local distributor
Austin Supersingles! Sandwich Cookies (Lemon Ohs, Vanilla Cremes)	1.2	7 / 37%	1.5	24	170	Contact local distributor
Austin Toasty Crackers & Peanut Butter	1	7 / 48%	1.5	15	130	Contact local distributor (Available through Thurston Foods, Inc.)
Austin Zoo Animal Crackers	1	2 / 14%	0	25	130	Contact local distributor (Available through Thurston Foods, Inc.)
Famous Amos Oatmeal Raisin Cookies	2	5 / 32%	1.5	21	140	Contact local distributor (Available through Thurston Foods, Inc.)
Kashi Mighty Bites - Honey Crunch Bowl Pack	0.82	1 / 10%	0	16	90	Contact local distributor
Keebler Chips Deluxe Right Bites-100 Calorie Snack	0.75	3 / 27%	1	17	100	Contact local distributor
Keebler Grahams (Honey)	0.75	1.13 / 12%	0	17	83	Contact local distributor
Kellogg's Complete Wheat Bran Flakes Bowl Pack	0.9	0.5 / 6%	0	20	80	Contact local distributor
Kellogg's Complete Wheat Bran Flakes Bowl Pack	1.3	0.5 / 5%	0	25	100	Contact local distributor
Kellogg's Corn Flakes Bowl Pack	0.8	0 / 0%	0	18	80	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Elf Grahams (Chocolate Chip)	1	5 / 35%	1.5	20	130	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Elf Grahams (Chocolate, Original)	1	4.5 / 34%	1	20-21	120	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Elf Grahams (Cinnamon)	1	4.5 / 31%	1	21	130	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Elf Grahams (Original)	0.5	2 / 30%	0	10	60	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Frosted Mini Wheats Bowl Pack	1	0 / 0%	0	23	100	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Original Rice Krispies Treat Squares	1	2 / 20%	0.5	18	90	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Original Rice Krispies Treat Squares	1.3	3.5 / 20%	1	30	160	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Product 19 Bowl Pack	0.7	0 / 0%	0	18	80	Contact local distributor (Available through Thurston Foods, Inc.)
Kellogg's Raisin Bran Bowl Pack	1.3	1 / 8%	0	27	110	Contact local distributor (Available through Thurston Foods, Inc.)
NutriGrain Cereal Bars (Apple, Blueberry, Apple Cinnamon, Cherry, Raspberry, Strawberry)	1.3	3 / 19%	0.5	27	140	Contact local distributor (Available through Thurston Foods, Inc.)
NutriGrain Chewy Bars (Chocolate Chip)	1.3	5 / 28%	2	26	160	Contact local distributor (Available through Thurston Foods, Inc.)
NutriGrain Chewy Bars (Honey Oat & Raisin)	1.3	4.5 / 25%	1	27	160	Contact local distributor (Available through Thurston Foods, Inc.)
NutriGrain Yogurt Bar (Strawberry, Vanilla, Peaches & Crème)	1.3	3 / 19%	0.5	27	140	Contact local distributor (Available through Thurston Foods, Inc.)
Scooby-Doo Bones - Cinnamon	1	4 / 30%	0.5	20	120	Contact local distributor
Sunshine Animal Crackers - Ernie on Safari	0.8	3 / 27%	0.5	16	100	Contact local distributor
Sunshine Cheez-It Right Bites-100 Calorie Snack	0.79	3 / 27%	1	15	100	Contact local distributor
Whole Grain Tiger Power Cereal Bowl Pack	0.8	0 / 0%	0	16	80	Contact local distributor (Available through Thurston Foods, Inc.)

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

***Kids Kookie Company***

Individually Wrapped Kids Kookie (Baseball)	0.8	4 / 38%	0.9	15	96	New England Ice Cream Corp.
Individually Wrapped Kids Kookie (Happy Birthday)	0.9	5 / 38%	1.2	18	120	New England Ice Cream Corp.
Individually Wrapped Kids Kookie (Holiday Wreath)	0.7	3 / 33%	0.8	12	81	New England Ice Cream Corp.
Individually Wrapped Kids Kookie (Jungle Grahams, Mini Purple Dinos, Alpha Grahams)	1.1	5 / 34%	1.3	19-20	132	New England Ice Cream Corp.
Individually Wrapped Kids Kookie (Mini Chocolate Chip Animals)	1.1	6 / 42%	1.4	19	130	New England Ice Cream Corp.
Individually Wrapped Kids Kookie (Spring Egg Assortment, Green Egg, Jack O'Lantern, Valentine Heart, Shamrock, Red Apple, Ginger Grahams)	0.7	3 / 32%	0.8	13	85	New England Ice Cream Corp.
Individually Wrapped Kids Kookie (Turkey Spice)	0.8	3 / 29%	0.8	13	94	New England Ice Cream Corp.

***Kraft Foodservice***

100 Calorie Packs - Cheese Nips Thin Crisps	0.8	3 / 27%	1	15	100	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
100 Calorie Packs - Chips Ahoy! Thin Crisps	0.8	3 / 27%	1	18	100	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
100 Calorie Packs - Honey Maid Cinnamon Thin Crisps	0.8	2 / 18%	0	19	100	Contact local distributor
100 Calorie Packs - Oreo Thin Crisps	0.8	3 / 27%	0	20	100	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
100 Calorie Packs - Wheat Thin Minis	0.8	3 / 27%	0.5	16	100	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
100 Calorie Packs - Wheat Thins Chips Minis Multi-Grain	0.8	3 / 27%	0	16	100	Contact local distributor
Back to Nature - Crispy Cheddars Crackers	1	4.5 / 31%	0.5	19	130	Contact local distributor
Back to Nature - Crispy Wheats Crackers	1	3.5 / 26%	0	20	120	Contact local distributor
Back to Nature - Honey Graham Sticks	1	2.5 / 19%	0	23	120	Contact local distributor
Cheese Nips & Peanut Butter Crackers (4 count)	1	6 / 42%	1	15	130	Contact local distributor
Fat Free Fig Newton Bars	1.1	0 / 0%	0	22	90	Contact local distributor
Handi-Snacks Cheez'n Breadsticks	1.09	4.5 / 37%	2	13	110	Contact local distributor
Handi-Snacks Cheez'n Crackers	0.95	6 / 54%	2	10	100	Contact local distributor
Lorna Doone Shortbread Cookies (4 count)	1	7 / 45%	1.5	19	140	Contact local distributor (Available through Thurston Foods, Inc.)
Nabisco Animal Crackers	1	3.5 / 24%	0.5	21	130	Contact local distributor (Available through Thurston Foods, Inc.)
Nabisco Animal Shaped Crackers	1	3.5 / 24%	0.5	23	130	Contact local distributor (Available through Thurston Foods, Inc.)
Nabisco Graham Cracker 3-pk.	0.8	2 / 20%	0	16	90	Contact local distributor (Available through Thurston Foods, Inc.)
Nabisco Honey Maid Graham Sticks (Cinnamon)	1	2.5 / 19%	0	23	120	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
Nabisco Honey Maid Soft Baked Snack Bar (Blueberry)	1.3	4.5 / 27%	2	27	150	Contact local distributor (Available through Costa Fruit & Produce, Thurston Foods, Inc.)
Nabisco Toasted Peanut Butter Crackers (4 count)	1	7 / 48%	1	17	130	Contact local distributor (Available through Thurston Foods, Inc.)
Nutter Butter Mini Peanut Butter Sandwich Cookies	1.25	7 / 37%	1.5	23	170	Contact local distributor
Oreo Chocolate Sandwich Cookies	1.14	7 / 39%	1.5	24	160	Contact local distributor (Available through Thurston Foods, Inc.)
Ritz Dinosaurs Crackers	1	4 / 28%	1	20	130	Contact local distributor (Available through Thurston Foods, Inc.)
Ritz Sticks Crackers	1	5 / 35%	1	19	130	Contact local distributor
Snackwells Devil's Food Cookies (2 count)	1.1	0 / 0%	0	24	110	Contact local distributor
Snackwells Vanilla Crème Sandwich Cookies (2 count)	0.85	2.5 / 23%	0.5	19	100	Contact local distributor
Teddy Graham Chocolate Graham Snacks	0.8	3 / 30%	0.5	15	90	Contact local distributor
Teddy Graham Cinnamon Graham Snacks	0.8	3 / 30%	0.5	16	90	Contact local distributor (Available through Thurston Foods, Inc.)
Wheat Thins Snack Crackers	1.25	6 / 34%	1.5	24	160	Contact local distributor

**PORTION SIZE TOTAL FAT (g) / % SAT FAT CARB CALS DISTRIBUTOR**  
**(oz) calories from fat (g) (g)**

**Late July Organic Snacks**

Late July Organic Cheddar Cheese Snack Pack Tray 1 4.5 / 31% 1.5 19 130 United Natural Foods, Inc., Associated Buyers

**MJM Marketing, Inc.**

All-Sports Bites (Vanilla) 1 3 / 25% 0.5 18 106 MJM Marketing, Inc.  
 Bear Grahams (Chocolate) 1 2.8 / 24% 0.5 18 103 MJM Marketing, Inc.  
 Bear Grahams (Vanilla, Apple Cinnamon) 1 3 / 25% 0.5 18 106 MJM Marketing, Inc.  
 Dinosaur Grahams (Strawberry, Lemon) 1 3 / 25% 0.5 18 106 MJM Marketing, Inc.  
 Graham Crackers (Honey) 1 3 / 28% 1 18 97 MJM Marketing, Inc.  
 Waffle Grahams (Apple Cinnamon, Strawberry, Blueberry) 1 3 / 25% 0.5 18 106 MJM Marketing, Inc.

**Nature's Path Foods**

Envirokidz Crispy Rice Bars (Chocolate-Koala, Peanut Butter-Panda, Berry-Cheetah) 1 3 / 25% 0 20-21 110 United Natural Foods, Inc., US Foodservice-Everett, Costa Fruit & Produce  
 Gorilla Munch Cereal Snack Bag 1 0 / 0% 0 25 110 United Natural Foods, Inc., US Foodservice-Everett, Costa Fruit & Produce

**NuGo Nutrition**

NuGo Family Bars (Chocolate) 1 3 / 15% 1.5 26 180 NuGo Nutrition  
 NuGo Family Bars (Coffee Break, Peanut Butter Pleaser) 1.8 3 / 15% 1.5 26 180 NuGo Nutrition  
 NuGo Family Bars (Really Vanilla) 1.8 2.5 / 13% 1.5 26 180 NuGo Nutrition

**Old Colony**

Big Top Animal Crackers 1 3 / 25% 0 19 110 Contact local distributor (Available through New England Ice Cream Corp.)

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

**Otis Spunkmeyer, Inc.**

Sweet Discovery Reduced-fat Carnival Cookie	1.3	4.5 / 29%	1.5	25	140	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Sweet Discovery Reduced-fat Chocolate Chip Cookie	1.3	4.5 / 29%	1.5	26	140	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Sweet Discovery Reduced-fat Oatmeal Raisin Cookie	1.3	4.5 / 29%	1.5	25	140	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Sweet Discovery Reduced-fat Sugar Cookie	1.3	4 / 26%	1.5	25	140	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Value Zone Carnival Cookie	1	6 / 45%	1.5	18	120	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Value Zone Chocolate Chip Cookie	1	6 / 42%	2	17	130	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Value Zone Oatmeal Raisin Cookie	1	5 / 38%	2	17	120	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Value Zone Reduced-fat Carnival Cookie	1	3.5 / 29%	1	19	110	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Value Zone Reduced-fat Chocolate Chip Cookie	1	3.5 / 29%	1	19	110	Contact local distributor (Available through Original Pizza of Boston, Costa Fruit & Produce, PFG Springfield, PFG NorthCenter, Hallsmith Sysco, U.S. Foodservice-Everett & Peabody)
Value Zone Reduced-fat Oatmeal Raisin Cookie	1	3.5 / 29%	1	18	110	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Value Zone Reduced-fat Sugar Cookie	1	3.5 / 29%	1	19	110	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton
Value Zone Sugar Cookie	1	5 / 38%	1	18	120	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, PFG North Center, Hallsmith Sysco, US Food Service-Everett & Peabody, Otis Spunkmeyer Inc.-South Easton

**PepsiCo Beverages & Foods, Quaker**

Chewy Granola Bars (Chocolate Chip)	1 (1 bar)	4 / 30%	1.5	21	120	Contact local distributor (Available through Thurston Foods, Inc.)
Chewy Granola Bars (Low-Fat Chocolate Chunk)	1 (1 bar)	2 / 16%	0.5	22	110	Contact local distributor (Available through Thurston Foods, Inc.)
Chewy Granola Bars (Nestle Butterfinger)	1 (1 bar)	3 / 23%	1	22	120	Contact local distributor (Available through Thurston Foods, Inc.)
Chewy Granola Bars (Peanut Butter Chocolate Chip, Nestle Crunch)	1 (1 bar)	3.5 / 26%	1-1.5	20-21	120	Contact local distributor (Available through Thurston Foods, Inc.)
Quaker Chewy Wholesome Granola Bar (Baked Apple)	1 (bar)	2 / 16%	0.5	23	110	Contact local distributor
Quaker Fruit & Oatmeal Bars (Apple Crisp, Very Berry, Strawberry Cheesecake, Strawberry, Cherry Cobbler)	1.3 (1 bar)	2.5 / 17%	0	27	130	Contact local distributor
Quaker Oatmeal Breakfast Squares (Oatmeal Raisin)	1.4	2.5 / 16%	0.5	29	140	Contact local distributor

**Quaker Hill Farms, Inc.**

Chortles Mini-Mini Chocolate Chip Cookies (Original, Chocolate)	1	3 / 22%	0.5	23	125	Quaker Hill Farms, Inc., Handi Foods Ltd.
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	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

***Sugar Foods Corporation***

Super Snax (Cinnamon Toast Bites)	1	4 / 30%	0.5	18	120	PFG Springfield, Costa Fruit & Produce, Thurston Foods, Inc.
Super Snax Animal Crackers (Wild Things)	1	3 / 23%	0.5	21	120	PFG Springfield, Costa Fruit & Produce, Thurston Foods, Inc.

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

## Frozen Dessert Novelty Items

### Blue Bunny

Cool Daze Fudge Dream Bar	2.5	1.5 / 15%	1	16	90	New England Ice Cream Corp.
Disney Pooh Orange Sherbet Cool Tubes	3	1 / 11%	0.5	18	80	New England Ice Cream Corp.
Disney Tigger Twists Choc-Van Pudding Pop	1.8	2.5 / 23%	0.5	17	100	New England Ice Cream Corp.
Freezy Fruit Punch Cool Daze Juice Bar	1.9	0 / 0%	0	10	45	Vistar/VSA of Hartford
Fudge Bar	3	1.5 / 10%	1	25	130	New England Ice Cream Corp.
Nemo Rainbow Bombpop	2 (1 bar)	0 / 0%	0	9	35	New England Ice Cream Corp.
Orange Dream Bar	3	2 / 18%	1	20	100	New England Ice Cream Corp.
Rainbow Sherbet Cool Tubes	3	1 / 11%	0.5	18	80	New England Ice Cream Corp.

### Coca-Cola Company

Barq's Rootbeer Floatz	3	2.5 / 25%	1.5	17	90	New England Ice Cream Corp.
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### Good Humor - Breyers

Creamsicle	2.7	3 / 25%	2	15	110	New England Ice Cream Corp.
Holanda Bar (Strawberry, Lemon-Lime)	3	0 / 0%	0	22-23	90	New England Ice Cream Corp.
Original Fudgsicle Bar	2.7	3 / 25%	2	15	110	New England Ice Cream Corp.

### Good Humor - Breyers - Popsicle

Pop Ups (Orange Burst)	2.8	1 / 11%	0	19	80	New England Ice Cream Corp.
Pop Ups (Reckless Rainbow)	2.8	1 / 10%	0	19	90	New England Ice Cream Corp.

### H.P. Hood

Fudge Bar	3	0.5 / 4%	0	25	120	New England Ice Cream Corp.
Orange Creamsicle	3	2 / 16%	1.5	22	110	New England Ice Cream Corp.

### J&J Snack Foods Corp.

Frostar Juice Cup (Cherry, Orange, Grape)	3	0 / 0%	0	13	60	Contact local distributor. (Available through Costa Fruit &
Frostar Juice-on-a-stick (Cherry, Orange)	1.8	0 / 0%	0	11	45	Contact local distributor (Available through Hallsmith Sysco, U.S. Foodservice, Cirelli Foods, Thurston Foods, Inc., Original Pizza of Boston, Costa Fruit & Produce, PFG Springfield)
Frostar Pudding On-A-Stick (Chocolate)	1.8	3 / 26%	1	19	110	Contact local distributor
Frostar Pudding On-A-Stick (Swirl)	1.8	3 / 27%	0.5	17	100	Contact local distributor
Luigi's Sourpuss Juice Bars (Sour Watermelon, Sour Cherry)	2.3	0 / 0%	0	17	60	Contact local distributor (Available through Thurston Foods, Inc.)
Minute Maid Frozen Juice Bars	2.3	0 / 0%	0	15	60	Contact local distributor (Available through Hallsmith Sysco, U.S. Foodservice, Cirelli Foods, Thurston Foods, Inc., Original Pizza of Boston, Costa Fruit & Produce, PFG Springfield)
Shape Ups Frozen Dessert (Cherry, Orange, Grape)	3	0 / 0%	0	22	90	Contact local distributor (Available through Hallsmith Sysco, U.S. Foodservice, Cirelli Foods, Thurston Foods, Inc., Original Pizza of Boston, Costa Fruit & Produce, PFG Springfield)
Shape Ups Frozen Juice Cup Holiday Cups (Halloween, Winter Wonderland, Shamrock, American Flag, Heart)	3	0 / 0%	0	18	70	Contact local distributor (Available through Hallsmith Sysco, U.S. Foodservice, Cirelli Foods, Thurston Foods, Inc., Original Pizza of Boston, Costa Fruit & Produce, PFG Springfield)

### M&B Products, Inc.

Mr. J Frozen Dessert Bars (Orange, Fruit Punch, Grape, Cherry Apple, Strawberry)	2.25	0.2 / 3%	0	12	50	New England Ice Cream Corp.
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	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

## Fruit, Dried Fruit, Fruit Cups

### *Azar Nut Co.*

Raisins	1	0 / 0%	0	22	90	Azar Nut Co., Pinnacle Food Brokers
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### *Brothers All Natural*

Brothers-All-Natural Pineapple Crisps	0.5	0 / 0%	0	14	60	Brothers All Natural
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Brothers-All-Natural Strawberry Crisps	0.3	0 / 0%	0	6	30	Brothers All Natural
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### *Crunch Pak*

Crunch Pak Sliced Apples (Sweet, Tart)	6	0 / 0%	0	21	90	Crunch Pak
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Crunch Pak Snak Pak Sliced Apples (Sweet, Tart)	2	0 / 0%	0	7	30	Crunch Pak
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### *Dakota Gourmet*

Fruit Jerky (Strawberry-Kiwi)	0.7	0 / 0%	0	16	70	Dakota Gourmet
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### *Dole Fresh Fruit Co.*

Fruit Bowls Pineapple Tidbits (with fork)	3.1	0 / 0%	0	12.4	47	Contact local distributor (Also available through Benchmark Sales)
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Fruit Bowls Pineapple Tidbits in Juice	4	0 / 0%	0	16	60	Contact local distributor (Also available through Benchmark Sales)
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Fruit Bowls Tropical Fruit in Juice (with fork)	3.1	0 / 0%	0	14.7	62	Contact local distributor (Also available through Benchmark Sales)
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### *Kar Nut Products Co.*

Raisins	1	0 / 0%	0	22	90	Kar Nut Products Co.
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Raisins	1.8	0 / 0%	0	40	162	Kar Nut Products Co.
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### *Kettle Valley Dried Fruit*

Dried Fruit - Frunola	1.8	0.5 / 3%	0	29	130	Dakota Gourmet
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Dried Fruit Fruit Bars (Wildberry, Raspberry, Tropical Fruit, Strawberry, Sour Apple, Watermelon, Grape)	0.7	0.3 / 4%	0	16	68	Dakota Gourmet
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### *Knouse Foods, Inc.*

Musselman's Light "No Sugar Added" Fruit 'N' Sauce (Cherry, Mango, Peach & Raspberry)	4	0 / 0%	0	7-14	70	Contact local distributor (Available through U.S. Foodservice-Peabody, Hallsmith Sysco, PFG NorthCenter, Thurston Foods, Inc.)
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Musselman's Natural Apple Sauce	4	0 / 0%	0	12	50	Contact local distributor (Available through U.S. Foodservice-Peabody, Hallsmith Sysco, PFG NorthCenter, Thurston Foods, Inc.)
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### *Peak Harvest Foods*

Crunchy Apple Stix	0.7	0 / 0%	0	12	46	Peak Harvest Foods
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Crunchy Apple Stix	1.6	0.2 / 0%	0	28	104	Peak Harvest Foods
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### *Peterson Farms Fresh, Inc.*

Apple Slices	2	0 / 0%	0	7	30	Peterson Farms Fresh, Inc.
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Grapes	2	0 / 0%	0	10	40	Peterson Farms Fresh, Inc.
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### *Stretch Island Fruit Inc.*

Stretch Island Fruit Leather (All flavors)	0.5	0 / 0%	0	11-12	45	Stretch Island Fruit, Inc.
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### *Sunkist Growers, Inc.*

Sunkist Fun Fruit (Apple Grins, Grape Giggles, Orange Smiles, Pineapple Spears)	2-3.5	0 / 0%	0	9-12	35-45	Sunkist Growers, Inc.
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### *Sysco Corp.*

Imperial California Sun-Dried Raisins	1.5	0 / 0%	0	31	130	Contact local Sysco distributor
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	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

***Yo Bites***

Yo Bites Apple Slices	2	0 / 0%	0	8	20	Available through Yo Bites
Yo Bites Apple Slices	4	0 / 0%	0	16	40	Available through Yo Bites

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

## Muffins, Bagels, Pastries

### *Aesops Bagels*

Bagel Stuffers (Cheese Pizza)	2.5	2.5 / 14%	1.5	28	160	Original Pizza of Boston
Cinnamon Raisin Bagel	2.5	1 / 5%	0	21	183	Available through Costa Fruit & Produce, Thurston Foods, Inc.

### *Awrey Bakeries, Charles Parrish*

Low fat Brownie (Chocolate Chip)	1.3	3 / 21%	1	27	130	Contact local distributor (Available through U.S. Foodservice-Peabody, Thurston Foods, Inc.)
Petite Apple/Strawberry Danish	1.5	7 / 42%	1.8	18	156	Contact local distributor (Available through Hallsmith Sysco, Thurston Foods, Inc.)

### *Horizon Snack Foods*

Home Run Individually Wrapped Turnover (Apple, Cherry)	2	5.3 / 29%	1.3	28-29	167	New England Ice Cream Corp.
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### *J&J Snack Foods Corp.*

Tio Pepe's Regular Size Fruit Filled Churros - Individually wrapped (Apple, Raspberry, Bavarian Crème)	1.7	7 / 39%	1.5	22-23	160	Hallsmith Sysco, Thurston Foods, Inc., PFG Springfield, Roma Foods of Hartford
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### *JSB Industries Muffintown*

Banana Fortified Muffin	2	7 / 37%	1	26	170	Costa Fruit & Produce, Thurston Foods Inc.
Blueberry Fortified Muffin	2	6 / 34%	1	24	160	Costa Fruit & Produce, Thurston Foods Inc.
Blueberry Muffin	2	6 / 32%	1	25	170	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, Hallsmith Sysco, U.S. Foodservice-Peabody, Thurston Foods, Inc., Vistar/VSA of Hartford
Carrot-Pineapple Fortified Snack'n Loaf	2	6 / 34%	1	25	160	PFG Springfield
Corn Muffin	2	4 / 23%	0.5	28	160	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, Hallsmith Sysco, U.S. Foodservice-Peabody, Thurston Foods, Inc., Vistar/VSA of Hartford
Cranberry Muffin	2	7 / 37%	1	24	170	Costa Fruit & Produce, Original Pizza of Boston, PFG Springfield, Hallsmith Sysco, U.S. Foodservice-Peabody, Thurston Foods, Inc., Vistar/VSA of Hartford
Lemon-Blueberry Fortified Snack'n Loaf	2	6 / 32%	1	24	170	PFG Springfield
Muffin (Apple Cinnamon, Cranberry)	2	7 / 37%	1	24-26	170	Costa Fruit & Produce, PFG Springfield, Thurston Foods Inc.
Muffin (Blueberry)	2	6 / 32%	1	25	170	Costa Fruit & Produce, PFG Springfield, Thurston Foods Inc.
Raisin Bran Fortified Snack'n Loaf	2	4 / 24%	0.5	29	150	PFG Springfield
Snack'n Loaf (Apple Cinnamon, Cherry)	2	7 / 35%	1	28	180	PFG Springfield, Original Pizza of Boston
Snack'n Loaf (Carrot)	2	6 / 34%	1	26	160	PFG Springfield, Original Pizza of Boston

### *Nadja Foods*

Brownie	1.8	3.3 / 20%	1	27	145	Hallsmith Sysco
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**PORTION SIZE TOTAL FAT (g) / % SAT FAT CARB CALS DISTRIBUTOR**  
**(oz) calories from fat (g) (g)**

## Nuts, Seeds and Meats

### *Azar Nut Co.*

Peanuts (Roasted, Salted)	1	14 / 79%	2	5	160	Azar Nut Co., Pinnacle Food Brokers
Sunflower Kernels (Barbeque)	1	16 / 80%	1.5	5	180	Azar Nut Co., Pinnacle Food Brokers
Sunflower Kernels (Honey Roasted)	1	14 / 79%	1.5	6	160	Azar Nut Co., Pinnacle Food Brokers
Sunflower Kernels (Roasted, Salted)	1	16 / 85%	1.5	4	170	Azar Nut Co., Pinnacle Food Brokers

### *Dakota Gourmet*

Amazing Corn Cool Ranch Corn Nuts	1	2.5 / 21%	0.4	21	105	Dakota Gourmet
Blaze-In' Hot Sunflower Kernels	1	16 / 85%	1.5	5	170	Dakota Gourmet
Honey Roasted Soy Nuts	1	6 / 40%	1	11	135	Dakota Gourmet
Honey Roasted Sunflower Kernel	1	12 / 68%	1.5	8	158	Dakota Gourmet
Lightly Salted Sunflower Kernel	1	14 / 75%	1.5	5	168	Dakota Gourmet
S'more Mix	1.25	4.6 / 30%	1.1	20	140	Dakota Gourmet

### *Double B Foods, Inc.*

Beef Jerky (Original, Sweet & Hot, Teriyaki, Black)	0.8	0.5 / 8%	0	2-4	60	Double B Foods, Inc.
Jerky Chew (Original, Hot)	0.32	0 / 0%	0	0	30	Double B Foods, Inc.
Kippered Beef Steak (Black Peppered)	1	0.5 / 8%	0.5	2	60	Double B Foods, Inc.
Kippered Beef Steak (Kickin' Cajun, Hot)	1	1 / 13%	0.5	2	70	Double B Foods, Inc.
Kippered Beef Steak (Original, Hickory Smoked)	1	0.5 / 6%	0.5	2-3	70	Double B Foods, Inc.
Kippered Beef Steak (Sweet & Hot)	1	0.5 / 6%	0.5	5	80	Double B Foods, Inc.
Kippered Beef Steak (Teriyaki, KC Masterpiece)	1	1 / 11%	0.5	5-7	80	Double B Foods, Inc.
Kippered Turkey Steak	1	2 / 23%	1	2	80	Double B Foods, Inc.
Tyson Chicken Steak	1	0.4 / 5%	0.4	1	80	Double B Foods, Inc.

### *Eat Your Heart Out!*

Freeze-Dried Salsa Green Soybeans	0.74	3 / 30%	0.5	8	90	Eat Your Heart Out!, Tree of Life NE, C&S Wholesale Grocers
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### *Humm Foods, Inc. Creators of LaraBar*

LaraBar (Apple Pie)	1	6 / 45%	0	14	120	Humm Foods, Inc., Creators of LaraBar
LaraBar (Banana Cookie)	1	6 / 42%	0	14	130	Humm Foods, Inc., Creators of LaraBar
LaraBar (Cherry Pie)	1	5 / 38%	0	15	120	Humm Foods, Inc., Creators of LaraBar
LaraBar (Chocolate Coconut Chew)	1	7 / 53%	1	13	120	Humm Foods, Inc., Creators of LaraBar
LaraBar (Cocoa Mole)	1	5 / 41%	0	15	110	Humm Foods, Inc., Creators of LaraBar

### *Kar Nut Products Co.*

PB&J Mix	0.5	4.5 / 58%	0.5	6	70	Kar Nut Products Co.
Salted Cashews	1	13 / 73%	3	9	160	Kar Nut Products Co., Vistar/VSA of Hartford
Salted Mixed Nuts	1	15 / 84%	2	7	160	Kar Nut Products Co.
Salted Peanuts	1	16 / 85%	2.5	4	170	Kar Nut Products Co.
Sunflower Kernels	1	15 / 80%	2	5	170	Kar Nut Products Co.
Sweet 'N Salty Mix	0.5	4.5 / 58%	1.5	7	70	Kar Nut Products Co.
Yogurt, Apple, Nut Mix	0.5	4.5 / 58%	1.5	7	70	Kar Nut Products Co.

### *Kraft Foodservice*

Planters Honey Roasted Peanuts	1	13 / 73%	2	8	160	Contact local distributor (Available through Vistar/VSA of Hartford)
Planters Peanuts, Salted	1	15 / 79%	2	4	170	Contact local distributor (Available through Vistar/VSA of Hartford)

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

***Link Snacks, Inc.***

Jack Link's Beef Jerky (Original, Teriyaki, Peppered, Sweet & Hot)	0.8	0.5 / 8%	0	2-4	60	Garber Brothers, Inc.
Jack Link's Kippered Beef Steaks (Black Peppered)	1	0.5 / 8%	0.5	2	60	Garber Brothers, Inc.
Jack Link's Kippered Beef Steaks (Kickin' Cajun, Hot)	1	1 / 13%	0.5	2	70	Garber Brothers, Inc.
Jack Link's Kippered Beef Steaks (Original, Hickory)	1	0.5 / 6%	0.5	2-3	70	Garber Brothers, Inc.
Jack Link's Kippered Beef Steaks (Sweet & Hot)	1	0.5 / 6%	0.5	5	80	Garber Brothers, Inc.
Jack Link's Kippered Beef Steaks (Teriyaki, K.C. Masterpiece Barbecue)	1	1 / 11%	0.5	5-7	80	Garber Brothers, Inc.
Jack Link's Kippered Turkey Steak	1	2 / 23%	1	2	80	Garber Brothers, Inc.

***Maisie Jane's California Sunshine Products, Inc.***

Maisie Jane's Almond Snack Packs (Honey Glazed)	1.25	14 / 79%	1	12	160	Maisie Jane's California Sunshine Products Inc.
Maisie Jane's Almond Snack Packs (Oven-roasted, Tamari)	1.25	14 / 79%	1	7	160	Maisie Jane's California Sunshine Products Inc.

***Mighty Mo Munchies***

Mighty Mo Munchies Soy Nuts	1	4 / 30%	0.5	11	120	Mighty Mo Munchies
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***Sungold Foods***

Honey Roasted Soybeans	1	6 / 39%	1	11	140	Sungold Foods
Honey Roasted Sunflower Seeds	1	13 / 68%	2	4	172	Sungold Foods
Roasted/Salted Soy Beans	1	7 / 45%	1	10	140	Sungold Foods

***The SoyNut Butter Co***

SoyNut Butter with Pretzel Sticks Individual Snak Pak	0.9	5 / 32%	0.5	16	140	The SoyNut Butter Co., Thurston Foods, Inc.
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<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

**Vegetables**

***Bolthouse Farms, Inc.***

Baby Carrots	1.3	0 / 0%	0	4	15	Hallsmith Sysco, PFG North Center, PFG Springfield, Fowler & Hunting
Baby Carrots	1.5	0 / 0%	0	5	18	Hallsmith Sysco, PFG North Center, PFG Springfield, Fowler & Hunting
Baby Carrots	2	0 / 0%	0	6	23	Hallsmith Sysco, PFG North Center, PFG Springfield, Fowler & Hunting, Thurston Foods, Inc.
Baby Carrots	2.6	0 / 0%	0	8	30	Hallsmith Sysco, PFG North Center, PFG Springfield, Fowler & Hunting

***Grimmway Farms***

Grimmway Farms Baby Carrots	1.6	0 / 0%	0	5	20	Contact local distributor. (Available through Sysco Food Services of CT, US Foodservice-Everett, Norwich and Peabody)
Grimmway Farms Baby Carrots	3	0 / 0%	0	9	40	Contact local distributor. (Available through Sysco Food Services of CT, US Foodservice-Everett, Norwich and Peabody)

***Reichel Foods, LLC***

Dippin' Stix Carrots w/ fat free ranch dip	4	0 / 0%	0	15	70	Hallsmith Sysco
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	<i>PORTION SIZE</i> (oz)	<i>TOTAL FAT (g) / %</i> <i>calories from fat</i>	<i>SAT FAT</i> (g)	<i>FAT</i> (g)	<i>CARB</i> (g)	<i>CALS</i>	<i>DISTRIBUTOR</i>
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## Water, Bottled

### *Adirondack Beverage Co.*

Seltzer Water (Plain, Lemon Lime, Raspberry/Lime, Mandarin Orange, Wild Berry)	12	0 / 0%	0	0	0	0	Vistar/VSA of Hartford
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### *any brand*

Bottled Water (without added sugar, artificial sweeteners, caffeine or vitamins/minerals)	Any Size	0 / 0%	0	0	0	0	Contact local distributor
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### *Country Pure Foods, Inc.*

Glacier Valley Natural Spring Water Bottle	16.9	0 / 0%	0	0	0	0	Acme PAK, Cirelli Foods, Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco
Glacier Valley Natural Spring Water Bottle	8.4	0 / 0%	0	0	0	0	Acme PAK, Cirelli Foods, Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco
Glacier Valley Natural Spring Water Cup	3	0 / 0%	0	0	0	0	Acme PAK, Cirelli Foods, Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco
Glacier Valley Natural Spring Water Cup	4	0 / 0%	0	0	0	0	Acme PAK, Cirelli Foods, Inc., Garelick Farms, Guida Milk & Ice Cream, New England Ice Cream Corp., Pioneer Dairy, Hallsmith Sysco

### *M&B Products, Inc.*

Mr. J Klear Splash Mini-Sip Pouch	8	0 / 0%	0	0	0	0	New England Ice Cream Corp.
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### *Nestle USA, Inc.*

Nestle Pure Life Purified Water (Plain)	8 or 16.9 or 24	0 / 0%	0	0	0	0	Cirelli Foods, Inc., Costa Fruit & Produce, New England Ice Cream Corp., PFG North Center, PFG Springfield, US Foodservice-Everett, Norwich, Peabody, Hallsmith Sysco
Poland Springs Natural Spring Water	8 or 16.9 or 24	0 / 0%	0	0	0	0	Cirelli Foods, Inc., Costa Fruit & Produce, New England Ice Cream Corp., PFG North Center, PFG Springfield, US Foodservice-Everett, Norwich, Peabody, Hallsmith Sysco
Poland Springs Sparkling Water (Lemon)	16.9	0 / 0%	0	0	0	0	Vistar/VSA of Hartford, Cirelli Foods, Inc., Costa Fruit & Produce, New England Ice Cream Corp., PFG North Center, PFG Springfield, US Foodservice-Everett, Norwich, Peabody, Hallsmith Sysco
Poland Springs Sparkling Water (Plain, Lime, Raspberry-Lime, Mandarin Orange)	16.9	0 / 0%	0	0	0	0	Cirelli Foods, Inc., Costa Fruit & Produce, New England Ice Cream Corp., PFG North Center, PFG Springfield, US Foodservice-Everett, Norwich, Peabody, Hallsmith Sysco

### *O Beverages*

O Beverages (Ultra premium water, Lemon Lime, Mandarin Orange, Wild Berry, Peach, Mango Orange)	20	0 / 0%	0	0	0	0	Polar Beverages
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### *Polar Beverages*

Polar Flavored Seltzer	12 or 16.9	0 / 0%	0	0	0	0	Polar Beverages
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### *TalkingRain Beverage Co.*

airwater (Non-carbonated, oxygen enhanced water)	33.8	0 / 0%	0	0	0	0	TalkingRain Beverage Co.
Sparkling Essence Water (Lemon-Lime, Tangerine, Berry)	16	0 / 0%	0	0	0	0	TalkingRain Beverage Co.

**PORTION SIZE TOTAL FAT (g) / % SAT FAT CARB CALS DISTRIBUTOR**  
**(oz) calories from fat (g) (g)**

**Yogurt, Ice Cream, Milk**

***Dannon Co, Inc.***

Classic Low-fat Yogurt (Lemon)	6	2.5 / 15%	1.5	26	150	Contact local distributor (Available through Sysco Food Services of CT, Hallsmith Sysco, Guida Milk & Ice Cream, Thurston Foods, Inc., Pinnacle Food Brokers)
Classic Low-fat Yogurt (Vanilla)	6	2.5 / 15%	1.5	26	150	Contact local distributor (Available through Guida Milk & Ice Cream, Hallsmith Sysco, US Foodservice-Everett, US Foodservice-Norwich, Sysco Food Services of CT, Marcus Dairy, Thurston Foods, Inc., Pinnacle Food Brokers)
Danimals (Strawberry)	4	3 / 21%	2	20	130	Contact local distributor (Available through Costa Fruit & Produce, Guida Milk & Ice Cream, Hallsmith Sysco, M&R Frosted Foods, Sysco Food Services of CT, Thurston Foods, Inc., US Foodservice-Peabody, Pinnacle Food Brokers)
Danimals Super Creamy Yogurt (Cherry Cool)	4	3 / 23%	2	20	120	Contact local distributor (Available through Costa Fruit & Produce, Guida Milk & Ice Cream, Hallsmith Sysco, Lindley Food Service, M&R Frosted Foods, Thurston Foods, Inc., Pinnacle Food Brokers)
Danimals Super Creamy Yogurt (Totally Vanilla)	4	3.5 / 24%	2	19	130	Contact local distributor (Available through Costa Fruit & Produce, Guida Milk & Ice Cream, Hallsmith Sysco, Lindley Food Service, M&R Frosted Foods, Thurston Foods, Inc., Pinnacle Food Brokers)
Fruit on the Bottom Low-fat Yogurt (Boysenberry, Apple Cinnamon)	6	1.5 / 9%	1	29	150	Contact local distributor (Available through Sysco Food Services of CT, Hallsmith Sysco, Pinnacle Food Brokers)
Fruit on the Bottom Low-fat Yogurt (Cherry)	6	1.5 / 9%	1	29	150	Contact local distributor (Available through Sysco Food Services of CT, Guida Milk & Ice Cream, Hallsmith Sysco, Pinnacle Food Brokers)
Fruit on the Bottom Low-fat Yogurt (Mixed Berries)	6	1.5 / 9%	1	29	150	Contact local distributor (Available through US Foodservice-Everett, Thurston Foods, Inc., US Foodservice-Norwich, Sysco Food Services of CT, Guida Milk & Ice Cream, Hallsmith Sysco, Pinnacle Food Brokers)
Fruit on the Bottom Low-fat Yogurt (Peach)	6	1.5 / 9%	1	29	150	Contact local distributor (Available through Sysco Food Services of CT, Marcus Dairy, Guida Milk & Ice Cream, Hallsmith Sysco, Pinnacle Food Brokers)
Fruit on the Bottom Low-fat Yogurt (Raspberry)	6	1.5 / 9%	1	29	150	Contact local distributor (Available through US Foodservice-Everett, Sysco Food Services of CT, Marcus Dairy, Hallsmith Sysco, Guida Milk & Ice Cream, Pinnacle Food Brokers)
Fruition Smoothie (Banana Berry Blend, Cherry Berry Blend, Peach Passion Fruit Blend, Pina Colada Blend, Strawberry Kiwi Blend, Strawberry Blend)	10	3.5 / 12%	2	49-50	260	Contact local distributor. Info available through Pinnacle Food
Fruition Smoothie (Wild Berry Blend)	10	3.5 / 11%	2	51	280	Contact local distributor. Info available through Pinnacle Food
Light'n Fit Smoothie (Mixed Berry)	7	0 / 0%	0	15	80	Contact local distributor (Available through Hallsmith Sysco, Sysco Food Services of CT, US Foodservice-Everett, Thurston Foods, Inc., Pinnacle Food Brokers)
Non-fat Yogurt (Blueberry/Strawberry)	6	0 / 0%	0	15	80	Contact local distributor (Available through Guida Milk & Ice Cream, Sysco Food Services of CT, Thurston Foods, Inc., Hallsmith Sysco, Pinnacle Food Brokers)
Non-fat Yogurt (Cherry Vanilla)	6	0 / 0%	0	15	80	Contact local distributor (Available through Guida Milk & Ice Cream, Sysco Food Services of CT, US Foodservice-Peabody, Thurston Foods, Inc., Pinnacle Food Brokers)
Non-fat Yogurt (Raspberry)	6	0 / 0%	0	15	80	Contact local distributor (Available through Guida Milk & Ice Cream, Hallsmith Sysco, Sysco Food Services of CT, Thurston Foods, Inc., Pinnacle Food Brokers)
Non-fat Yogurt (Strawberry/Banana/Raspberry)	4	0 / 0%	0	10	53	Contact local distributor (Available through Guida Milk & Ice Cream, Sysco Food Services of CT, Thurston Foods, Inc., US Foodservice-Norwich, US Foodservice-Everett, US Foodservice-Peabody, Pinnacle Food Brokers)

**PORTION SIZE TOTAL FAT (g) / % SAT FAT CARB CALS DISTRIBUTOR**  
**(oz) calories from fat (g) (g)**

Non-fat Yogurt (Strawberry/Blueberry)	4	0 / 0%	0	10	53	Contact local distributor (Available through Garelick Farms, Guida Milk & Ice Cream, Sysco Food Services of CT, Thurston Foods, Inc., US Foodservice-Norwich, US Foodservice-Everett, Pinnacle Food Brokers)
Non-fat Yogurt (Strawberry/Peach)	4	0 / 0%	0	10	53	Contact local distributor (Available through US Foodservice-Everett, US Foodservice-Norwich, Guida Milk & Ice Cream, Thurston Foods, Inc., Pinnacle Food Brokers)

**East Side Entrees**

Shake 'n Sip UHT Milk (Chocolate)	8	2.5 / 13%	1.5	26	170	Original Pizza of Boston
Shake 'n Sip UHT Milk (Plain)	8	2.5 / 17%	1.5	16	130	Original Pizza of Boston
Shake 'n Sip UHT Milk (Strawberry, Vanilla, Dulce De Leche)	8	2.5 / 15%	1.5	21	150	Original Pizza of Boston

**Garelick Farms, Inc.**

1% Colossal Coffee Milk	10	3 / 15%	2	29	180	Contact local distributor
1% Lowfat Milk	10	3 / 19%	2	16	140	Contact local distributor
1% Lowfat Milk	8	2.5 / 20%	1.5	13	110	Contact local distributor
1% Ultimate Chocolate Milk	10	3 / 14%	2	32	190	Contact local distributor
1% Ultimate Strawberry Milk	10	3 / 13%	2	37	210	Contact local distributor
1% Ultimate Vanilla Milk	10	3 / 12%	2	40	220	Contact local distributor
Colossal Coffee Lowfat Milk Chug	14	4 / 14%	2.5	43	260	Contact local distributor
Nonfat Milk	10	0 / 0%	0	16	110	Contact local distributor
Nonfat Milk	8	0 / 0%	0	13	90	Contact local distributor
Ultimate Chocolate Lowfat Milk Chug	14	4.5 / 14%	2.5	52	300	Contact local distributor
Ultimate Strawberry Lowfat Milk Chug	14	3.5 / 11%	2.7	51	298	Contact local distributor

**General Mills Bakeries & Foodservice**

Columbo Classic "Fruit on the Bottom" Yogurt	8	2 / 8%	1.5	42	220	Contact local distributor
Columbo Light Yogurt	8	0 / 0%	0	21	120	Contact local distributor (Available through Thurston Foods, Inc.)
Yoplait Go-Gurt (Strawberry Splash, Berry Blue Blast)	2.25	2 / 23%	1	13	80	Contact local distributor
Yoplait Light Yogurt	6	0 / 0%	0	19	100	Contact local distributor (Available through Thurston Foods, Inc.)
Yoplait Original Yogurt	6	1.5 / 8%	1	33	170	Contact local distributor (Available through Thurston Foods, Inc.)
Yoplait Smoothie (Strawberry, Mixed Berry)	8	2.5 / 10%	1.5	44	220	Guida Milk & Ice Cream, Hallsmith Sysco, Sysco Food Services of CT
Yoplait Trix Yogurt	4	1.5 / 11%	1	23	120	Contact local distributor (Available through Thurston Foods, Inc.)

**Guida's Milk & Ice Cream**

1% Dutch Chocolate Milk	10	3 / 14%	2	32	200	Contact local distributor
1% Lowfat Milk	10	3 / 21%	1.5	16	130	Contact local distributor
1/2% Chocolate Milk	8	1.5 / 9%	0.5	26	150	Contact local distributor
1/2% Coffee Milk	8	1 / 6%	0.5	28	160	Contact local distributor
Nonfat Milk	10	0 / 0%	0	16	110	Contact local distributor

	<i>PORTION SIZE</i>	<i>TOTAL FAT (g) / %</i>	<i>SAT FAT</i>	<i>CARB</i>	<i>CALS</i>	<i>DISTRIBUTOR</i>
	<i>(oz)</i>	<i>calories from fat</i>	<i>(g)</i>	<i>(g)</i>		

***H.P. Hood***

1% Coffee Milk	10	3 / 14%	2	34	200	Contact local distributor
1% Coffee Milk	8	2.5 / 14%	1.5	27	160	Contact local distributor
1% Lowfat Milk	10	3 / 21%	2	16	130	Contact local distributor
1% Lowfat Milk	8	2.5 / 20%	1.5	13	110	Contact local distributor
1/2% Chocolate Milk	10	1.5 / 7%	1	34	190	Contact local distributor
1/2% Chocolate Milk	8	1.5 / 9%	1	27	150	Contact local distributor
Nonfat Milk	10	0 / 0%	0	16	110	Contact local distributor
Nonfat Milk	8	0 / 0%	0	13	80	Contact local distributor

***Horizon Organic***

Horizon Organic Yogurt Smoothies (Strawberry Banana Splash, Wild Berry Blast, Tropical Punch)	6	0 / 0%	0	24-25	120	United Natural Foods Inc.
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***Kozy Shack***

Poppin' Pudding (Ballistic Banana)	4	1 / 9%	0.5	17	100	Contact local distributor (Available through Cirelli Foods, Inc., Costa Fruit & Produce, Hallsmith Sysco). Info available through Pinnacle Food Brokers
Poppin' Pudding (Crazy Chocolate)	4	1.5 / 11%	0.5	23	120	Contact local distributor (Available through Cirelli Foods, Inc., Costa Fruit & Produce, Hallsmith Sysco). Info available through Pinnacle Food Brokers
Poppin' Pudding (Very Vanilla)	4	1 / 8%	0.5	21	110	Contact local distributor (Available through Cirelli Foods, Inc., Costa Fruit & Produce, Hallsmith Sysco). Info available through Pinnacle Food Brokers

***Kraft Foodservice***

Jell-O Pudding Snacks (Chocolate & Vanilla Swirls)	4	1.5 / 12%	1.5	24	110	Contact local distributor
Jell-O Pudding Snacks (Chocolate)	4	1.5 / 11%	1.5	25	120	Contact local distributor
Polly-O String-Ums Low Moisture, Part-Skim Mozzarella String Cheese	1	6 / 68%	3.5	0	80	Contact local distributor
Twist-Ums Low Moisture, Part-Skim Mozzarella and Cheddar Cheeses	0.75	4 / 60%	2.5	0	60	Contact local distributor

***Land O'Lakes, Inc.***

Reduced Fat Colby Jack Cheese	1	7 / 70%	4	0	90	Original Pizza of Boston
Reduced Fat Mild Cheddar Cheese	1	7 / 70%	4.5	0	90	Original Pizza of Boston

***M&B Products, Inc.***

Buffy's Udderly Awesome Shakes (Vanilla, Strawberry)	9.2	2.3 / 9%	1.7	35	225	New England Ice Cream Corp.
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***Mac Farms Inc.***

e-Moo Carbonated Dairy-Based Beverage (Chocolate Zing, Mooberry, Orange Sparkle)	12	0 / 0%	0	29	165	Mac Farms Inc.
e-Moo Carbonated Dairy-Based Beverage (Chocolate Zing, Mooberry, Orange Sparkle)	8	0 / 0%	0	19	110	Mac Farms Inc.

***Marcus Dairy, Inc.***

1% Lowfat Milk	8	2.5 / 20%	1.5	11	110	Contact local distributor
1/2% Chocolate Milk	8	1 / 7%	0.5	23	130	Contact local distributor
Nonfat Milk	8	0 / 0%	0	11	100	Contact local distributor

**PORTION SIZE TOTAL FAT (g) / % SAT FAT CARB CALS DISTRIBUTOR**  
**(oz) calories from fat (g) (g)**

***Nestle USA, Inc.***

Nesquik 1% Ready-to-Drink Milk (Chocolate)	14	4.2 / 12%	2.8	56	315	New England Ice Cream Corp.
Nesquik 1% Ready-to-Drink Milk (Strawberry, Double Chocolate)	14	4.2 / 13%	2.8	53	298	New England Ice Cream Corp.
Nesquik 1% Ready-to-Drink Milk (Very Vanilla)	14	4.2 / 14%	2.8	50	280	New England Ice Cream Corp.

***Organic Valley***

Lactose-Free Lowfat Chocolate Milk	11	3.5 / 18%	2	28	180	Guida Milk & Ice Cream, United Natural Foods, Inc., Gourmet Award Foods NE, Cheese Warehouse, Tree of Life NE, General Trading Co.
Lactose-Free Lowfat Milk	11	3.5 / 18%	2	15	130	Guida Milk & Ice Cream, United Natural Foods, Inc., Gourmet Award Foods NE, Cheese Warehouse, Tree of Life NE, General Trading Co.
Stringles String Cheese	1	6 / 60%	3.5	1	90	Guida Milk & Ice Cream, United Natural Foods, Inc., Gourmet Award Foods NE, Cheese Warehouse, Tree of Life NE, General Trading Co.

***Stoneyfield Farm***

Chillin' Cherry/BerryBlitz (tube)	2	1 / 15%	0.5	11	60	United Natural Foods, Inc.
Screamin' Strawberry & Banilla Burst	4	1 / 9%	0.5	21	100	United Natural Foods, Inc.
Strawberry Smoothie	6	2 / 12%	1	27	150	United Natural Foods, Inc.
Yogurt - Low-fat (Strawberry, Blueberry, Vanilla)	6	1.5 / 8%	0.75	31.5	165	Contact local distributor (Available through Hallsmith Sysco or New England Food Service)
Yogurt - Low-fat Fruit on the Bottom (all flavors)	6	1.5 / 10%	1.0	25	130	Contact local distributor (Available through Hallsmith Sysco or New England Food Service)
Yogurt Smoothie (Banana Berry, Peach, Strawberry, Vanilla, Wild Berry)	10	3 / 11%	2	46-49	250	United Natural Foods, Inc.
Yogurt Smoothie (Raspberry)	10	3 / 11%	2	45	240	United Natural Foods, Inc.

***Tabatchnick Fine Foods***

Li'l Milk 1% Lowfat Milk (Regular, Lactose Free)	8	2.5 / 16%	1.5	17	140	New England Ice Cream Corp.
Li'l Milk 1% Lowfat Milk (Strawberry, Vanilla, Banana, Orange Crème)	8	2.5 / 12%	1.5	30	190	New England Ice Cream Corp.
Tabatchnick High Protein Yogurt Tube (Cherry)	2.25	1 / 15%	0.5	9	60	New England Ice Cream Corp.
Tabatchnick High Protein Yogurt Tube (Strawberry, Raspberry, Strawberry/Banana, Tropical)	2.25	1 / 13%	0.5	9-10	70	New England Ice Cream Corp.

***Upstate Farms Cooperative, Inc.***

Upstate Farms Blended Nonfat Yogurt (Blueberry, Cherry Vanilla, Peach, Raspberry, Strawberry, Strawberry Banana)	4	0 / 0%	0	22	110	Original Pizza of Boston
Upstate Farms Blended Nonfat Yogurt (Blueberry, Cherry Vanilla, Peach, Raspberry, Strawberry, Strawberry Banana)	8	0 / 0%	0	45	210	Original Pizza of Boston